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Miss Rosemary Pell

Road User Support Service Manager (1999 – present day) and Counsellor in Private Practice (1997 – present day)

As Owner/Manager of the Road User Support Service (RUSS) I am responsible for all aspects of running the business including client assessments and treatment recommendations. I manage the Road User Support Team, which consists of Therapists and Driving Standards Agency Approved Driving Instructors. I also have my own private counselling practice specialising in PTSD, Loss and Bereavement, Relationships, Work Issues, Panic Attacks, Anxiety, Stress/Anger Management.

Counselling and Psychotherapy Qualifications and Training

Obsessive Compulsive Disorder (OCD) – A Cognitive Behavioural Therapy Approach (CBT)
BACP June 2014

‘Trauma Awareness – The Body Remembers’ *Peninsula Seminars*
February 2012

‘Advanced Working with Couples’ *Inter-action Training and Consultancy*
November 2008

‘Introduction to Working with Couples’ *Inter-action Training and Consultancy*
March 2008

‘Therapists in Court: Bridging the gap between law and therapy’
BACP, June 2006

‘Counselling Sexual Issues’
WAC (Westcountry Association for Counselling)
February 2004

Critical Incident Debriefing
The College of St Mark & St John, Plymouth
June 2004

A Systemic Approach to Trauma Recovery Workshop,
School of Psychology, Exeter University, March 2004

Understanding Memory Lecture given by Professor John Aggleton,
EPB Ltd, November 2003

Counselling and Psychotherapy Research Outcome Conference and Workshop,
The Person Centred Approach (South West), October 2003

Skills for Managing Self Harm and Suicide
Skills Development Service, July 2002

Solution Focused Brief Therapy
EPB (Education for Professions & Business) May 2002

EMDR (Eye Movement Desensitisation and Reprocessing) Level 1 Training
EMDR Association UK & Ireland, April 2002

Introduction to Cognitive-Behavioural Framework for Dealing with Anxiety and
Panic Attack in Trauma Counselling
Mole Conferences June 2001

Introduction to a Cognitive Behavioural Framework for Dealing with Flashbacks,
Intrusive Thoughts and Images
Mole Conferences June 2001

Introduction to Cognitive Behavioural Imagery in Trauma Counselling
Mole Conferences March 2001

Advanced Diploma in Counselling
Iron Mill Centre 1998

Certificate in Advanced Professional Studies (Applied Counselling)
Bath College of Higher Education 1997

Certificate in Introductory Transactional Analysis 101
Iron Mill Centre 1997

Certificate in Foundation of Integrative Counselling: Skills Course Levels I and II
South West Centre for Counselling Training 1995

Certificate in Counselling Skills
Central School of Counselling and Therapy Ltd. RELATE 1994

Certificate in Coping with Loss and Bereavement
RELATE 1992

CPD (Continuing Professional Development)

Julia Buckroyd Training - 'Narcissism'
March 2014

Professional Private Practice - 'Safe Touch for Counsellors' workshop
October 2009

'The Cost of Brain Injury' – Headway Devon Annual Conference
September 2007, October 2008, October 2010

BACP Regional Consultation
July 2008

Professional Private Practice – Building Your Private Practice
November 2007

WAC (Westcountry Association for Counselling) – 'Sex Matters'
February 2006

EPB Ltd. 'How to Deal with Difficult People'
June 2005

IRSO (Institute of Road Safety Officers) Seminar 'Getting Off Speed'
October 2002

I am a Registered Member of the BACP (British Association for Counselling and Psychotherapy)

I am a Fellow Member of ARRM (Association of Road Risk Management) Formerly known as AIRSO (Association of Industrial Road Safety Officers).

I regularly attend their seminars

Previous Work Experience

South Western Electricity Board 1979 – 1996

SWEB Energy Advisor 1992 –1996

Dealing with the general public on gas and electricity new supplies and contract renewals, energy conservation advice and tariff structures. Direct involvement with the Energy Saving Trust providing advice and costings on loft and cavity wall insulation.

SWEB Domestic Heating Advisor 1990-1992

Providing advice and preparing designs for domestic heating systems on new build and existing homes.

Domestic Energy Advisor 1982 – 1990

Site visits to customers homes to advise and sell space heating and water heating installations and to provide information on suitable tariffs.

SWEB Showroom Salesperson 1979 -1982

Selling domestic electrical appliances and equipment direct to the public. Handling customer accounts. Advising on and ordering spare parts and components for appliances requiring repair.

Education

Exeter Technical College 1976 – 1978

GCE 'A' Level English Literature, Communication Studies

GCE 'O' Level Mathematics, Sociology

Bishop Blackall Grammar School 1971 – 1976

GCE 'O' Level English Language, English Literature, Religious Studies, Biology, French, Mathematics

Vocational Training

Special Communications Needs 1996

Sign Language Course – First Special Communications Needs

Say and Sign in British Sign Language

Certificate for Stage 1 in British Sign Language

Interests and activities

I am an active member of village life in Dunsford. I am a member of a gym in Exeter and usually exercise there twice a week. I enjoy healthy eating, going to the theatre, hearing live band music and walking on Dartmoor.

